



Team Registration Tips

To register a Team on-line, please follow these simple directions:

Go to: <https://www.rideforrefuge.org/charity/thegrindpembroke>

From Home Page, click on "Register".

Click on "First Timer".

On "Location" page, click on "Ride Anywhere" - then click "Next".

Sign "Waiver" form and click "Next".

On "Your Team" page, click on "Create a Team" and complete survey; then choose your charity of choice from a drop-down menu (we hope you choose The Grind Pembroke!). Click "Next".

Follow further instructions to complete registration.